

Q. 59. How can you get the help of the Holy Spirit?

A. God has told us that we must pray to him for the Holy Spirit.

Q. 90. How should the Sabbath be spent?

A. In prayer and praise, in hearing and reading God's Word, and in doing good to fellow men.

Q. 105. What is prayer?

A. Prayer is asking God for things which he has promised to give.

Q. 106. In whose name should we pray?

A. Only in the name of Christ.

Q. 107. What has Christ given us to teach us how to pray?

A. The Lord's Prayer.

Q. 109. How many petitions are there in The Lord's Prayer?

A. Six.

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Question 116. Why is prayer necessary for Christians?

Answer. Because it is the chief part of [a] thankfulness which God requires of us: and also, because God will give his grace and Holy Spirit to those only, who with sincere desires continually ask them of him, and [b] are thankful for them.

Q 117 What are the requisites of that prayer, which is acceptable to God, & which he will hear?

Answer. First, that we from the heart pray to the one true God only, who hath [c] manifested himself in his word, for all things, he hath commanded us to ask of him; [d] secondly, that we rightly and thoroughly know our need and misery, that so we may [e] deeply humble ourselves in the presence of his divine majesty; thirdly, that we be fully persuaded that he, notwithstanding that we are [f] unworthy of it, will, for the sake of Christ our Lord, certainly [g] hear our prayer, as he has [h] promised us in his word.

Question 118. What hath God commanded us to ask of him?

Answer. All [i] things necessary for soul and body; which Christ our Lord has comprised in that prayer he himself [j] has taught us.

Question 119. What are the words of that prayer?

Answer. Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever. Amen.

[a]: Psa. 50:14,15

[b]: Mat. 7:7,8; Luke 11:9,13; Mat. 13:12; Psa. 50:15

[c]: John 4:22,23

[d]: Rom. 8:26; 1John 5:14

[e]: John 4:23,24; Psa. 145:18

[f]: 2Chron. 20:12

[g]: Psa. 2:11; Psa. 34:18,19; Isa. 66:2

[h]: Rom. 10:13; Rom. 8:15,16; James 1:6ff; John 14:13; Dan. 9:17,18; Mt. 7:8; Ps. 143:1

[i]: James 1:17; Mat. 6:33

[j]: Mat. 6:9ff; Luke 11:2ff