

Psalm 121 -The Lord Will Keep You

Thoughts to Ponder Before You Pray: This beloved Psalm points the reader to God, who is the source of help for every believer. It contains many special promises for you to claim for your own life.

Prayer: I lift up my eyes to the hills, to you, O God, unto your glorious majesty. I thank you for being my source of help at all times. You are my Creator, and you have made heaven and earth. All my help comes from you.

Thank you for your promise that you will not allow my foot to be moved, and you will never slumber nor sleep. You are my Keeper, Lord God. You protect me and watch over me.

Thank you for being the shade at my right hand, and for your promise to preserve me from all evil. Father, I claim these promises for my life right now.

Keep me from all evil, Lord God, and preserve my soul. Guard and protect my going out and my coming in from this time forth and forevermore.

Thank you for hearing and answering my prayer. In Jesus' name I pray, Amen.

Psalm 100 -God's Everlasting Truth and Mercy

Thoughts to Ponder Before You Pray: In this well-known Psalm of thanksgiving, God is honored as your faithful and merciful Creator, and you are encouraged to enter into His gates with thanksgiving and to go into His courts with praise.

As you do so, remember that God is good, His mercy is everlasting, and His truth endures to all generations.

Prayer: Father, I shout joyfully to you, and I serve you with gladness. I come now before your presence with singing, knowing that you are my God. You have created me. I am a sheep in your pasture.

I enter into your gates with thanksgiving, and I come into your courts with praise. As I enjoy your presence, Father, I am thankful to you, and I bless your name, for I know you are good. Thank you for your everlasting mercy and your truth, which endure to all generations.

In the merciful name of Jesus I pray, Amen.

A Prayer of Repentance (Psalm 6)

Author: David, in shame and remorse over sin, perhaps his sin with Bathsheba. It was also a time of sickness in David's life.

Prayer: O Lord God, do not rebuke me in anger nor chasten me with your hot displeasure. Have mercy upon me, Father, for I am weak. Heal me, for my bones are troubled. My soul is also greatly troubled.

O Lord God, deliver my soul. Forgive me for your mercies' sake. I am so weary with my groaning. All night long I drench my bed with tears.

I seek your forgiveness, Father, and I ask you to forgive me and cleanse me from all unrighteousness, as I repent of all my sins. *[Take time now to confess specific sins to your heavenly Father.]* Thank you for forgiving, healing, and cleansing me.

You, Lord God, have heard my supplication, and I thank you for hearing and answering my prayer.

In Jesus' perfect name I pray, Amen.

(Adapted and paraphrased from Psalm 6.)

Psalm 116 -Answered Prayer

Prayer: Father God, I love you. Thank you for hearing my voice and my supplications. Because you have inclined your ear to me, I will call upon you for as long as I live. Though the pains of death surrounded me, and I found myself in trouble and sorrow, when I called upon you, you delivered me. Thank you, Father.

You are so gracious, righteous, and merciful. Thank you for preserving those who trust you in simple, child-like faith. Your bountiful goodness to me, Father, enables my soul to return to the rest you've provided for me. Thank you, Father.

You have delivered my soul from death, my eyes from tears, and my feet from stumbling. I will walk before you in the land of the living. I believe; therefore, I will ever speak forth your truth. Thank you, Father.

What shall I render unto you for all your benefits to me? I will take up your cup of salvation and call upon your name. I will pay my vows of praise and sing praises to you in the presence of your people.

O Lord God, truly I am your servant. Thank you for loosing my bonds. I will offer to you the sacrifice of thanksgiving, and I will call upon your name.

Praise you, mighty Father. In Jesus' name, Amen.

A Bedtime Prayer (Psalm 4)

Author: David, who is preparing to go to sleep in the midst of troubling times. He expresses great faith, trust, and confidence in God.

Prayer: Hear me when I call, O God of my righteousness. Thank you for always providing me with relief whenever I have been in distress. The peace you've given to me fills me with a strong sense of security, Father.

Have mercy upon me, and hear my prayer. Thank you for putting gladness in my heart. I am so glad and joyful in you, Father.

I will lie down in peace now and sleep, for you alone, O Lord God, make me to dwell in safety. Thank you for the safety and security I have in you.

The peace you've imparted to me helps me experience your rest at all times. Thank you, Father.

I praise you for hearing and answering my prayer. In Jesus' precious name I pray, Amen.

(Adapted and paraphrased from Psalm 4.)